

Instructions for collection of Semen Analysis

For a semen study to be valid, it is important that the following instructions be followed exactly.

1. Please call Austin IVF at 610-7474 in advance to schedule a time to drop off your specimen. They are not contracted with the insurance companies. If Semen Analysis is a covered benefit, you will need to submit the receipt to your insurance for reimbursement on your own.
2. Abstain from ejaculation for 2 days but no more than 3 days. On the 3rd day, collect the semen directly into the container by masturbation. The entire specimen must be collected in the container provided by your doctor's office.
3. DO NOT use commercial condoms or lubricating jelly during collection of specimen. These items contain spermicides that will destroy sperm and thus cause this test to be invalid.
4. Deliver the specimen to the lab within 30-45 minutes of collection.
5. Protect the specimen from extreme temperature changes after collection and during transport to the lab. It is best to keep it at body temperature.
6. Please take your doctor's order with your specimen to the lab. The results will then be sent to the requesting physician.